

Name: _____ Referred by _____ Date: _____
Address: _____ DOB: _____ Age: _____
City: _____ Email: _____
State, Zip: _____ Occupation: _____
Cell Phone: _____ Home Phone: _____

Ethnicity: Latino Caucasian African American Asian Other _____

Check the areas you would like to improve with your skin:

Color Texture Freckles Wrinkles Eye Area Firmness Capillaries Plumpness Smoothness
Neck Area Decolletage Blackheads Acne Breakouts Premature Aging Dryness Pore Size
Congestion Scarring Other _____

List skin care you are currently using: _____

Are you currently using: Retin-A Retinol AHA other peeling agent _____

If so: how long _____ Strength _____ Results _____

Have they achieved the results you want? Yes No

Do you use sunscreen daily? Yes No

Medical history:

Do you smoke? Yes No Consume Alcohol Yes No how often _____

How often do you have a bowel movement? Daily Less often then daily

How many hours of sleep do you get nightly? _____ Are you pregnant breast feeding

Have you in the past or present or had any of the following problems? Epilepsy Diabetes Thyroid Heart Problems Cancer Hysterectomy Hormonal Imbalance Depression High or Low Blood Pressure

Other Medical Conditions: _____

Have you been under a physician's care during the past 3 years? No Yes If so, for what? _____

Have you had plastic surgery? Yes No Date: _____ Surgeon _____

Have you had a skin peel in the past 2 years? Yes No Results _____

Are you seeing a dermatologist? Yes No Are you currently taking Accutane or Roaccutane? Yes No

Using other medication? Yes No _____ Taking or taken antibiotics past 6 months Yes No

Have you had skin cancer? Yes No _____

Have you ever experienced a sunburn that blistered? Yes No _____

Any known allergies to: cinnamon, egg, cosmetics, food, medication, animals, pollens, metals, sulphur or other? _____

Do you usually experience allergic reactions to skin care or cosmetics? Yes No

Describe your allergic reactivity _____

Do you have a tendency to keloid scar or hyperpigment? Yes No

Are you currently taking medication? Yes No How Long _____ Name _____

Dietary or Herbal Supplements Yes No How Long _____ Name _____

Pre or probiotics Yes No How Long _____ Name _____

Vitamins Yes No How Long _____ Name _____

How much water do you drink daily? # glasses _____ Sugar intake? _____

How many servings of vegetables daily _____

Client Signature _____ .Date _____

If under 18 parent signature is required _____ Date _____

